

Some people think that we have too many choices these days.

To what extent do you agree.

In comparison with some decades ago, living in an ever-progressing world, have faced men with variety of choices. Most of us might have heard that the more, the merrier, but would this fit in with all situations? In other words, could all people pick up the value of their options, while there are too many of them on hand these days?

Huge advances in technology and education has brought vast range of options in its wake, which sometimes could have significant effects on our life where we have to choose only one. Sometimes the choice goes for death and life, in hospitals, for examples. People might be asked to choose what treat to be done on their patients which is not challenging per se, but when the result is not precise beforehand, and doctors might claim that there even could be death by the end, barely would they be able to decide to carry on or let their loved ones live even one day longer, though with the disease. Psychologists revealed that those who had not been offered by choices are more likely to come up with the difficulty of the result compared to those who were to choose.

However, the story does not end here, the challenging state of affairs has found its way into our very simple daily life. Today, we are encountered with one single type of product in different brands which seemingly are appealing for some reasons. Being bewildered which one to choose, people might feel confused and exhausted. Consider you are in a supermarket intended to choose a bottle of milk amongst five rows of offering organic milk, additional D3 vitamin, flavored ones or even more in different colors and packaging, which is a repeating scenario in other items as well.

Thanks to the progresses of our lives, we are asked for our options comparatively more than before, albeit sometimes it ends up in confusion and fatigue as well as regrets for what we have chosen or we could.